

SPAN LUNCH

JANUARY 2009

Monday	Tuesday	Wednesday	Thursday	Friday
			1 OFFICE CLOSED FOR NEW YEARS HOLIDAY	2 VALLEY CLOSED FOR NEW YEARS HOLI- DAY
5 Beef Stroganoff Savory Carrots Cabbage Wheat Bread Cinnamon Apple- sauce Milk Diet - Same	6 Sausage w/on & Peppers Whole Kernel Corn Zucchini/Tomatoes Hoagie Bun Brownie Milk Diet - Cookie	7 Pineapple Chicken Japanese Veggies Fried Rice Wheat Bread Banana Milk Diet - Same	8 Honey Glazed Ham Green Bean Casse- role Rstd Sweet Potatoes Wheat Roll Pumpkin Cheese- cake Milk Diet - Pumpkin Cake	9 Meatloaf w/Tomato Sauce Green Peas Steamed Broccoli Wheat Bread Applesauce Gelatin Milk Diet - Applesauce Gelatin
12 Sloppy Joe Brussel Sprouts Whole Kernel Corn Wheat Hamburger Bun Tapioca Pudding Milk Diet - Vanilla Pud- ding	13 Breaded Catfish Cabbage w/ Car- rots Red Potatoes Wheat Bread Fresh Pear Milk Diet - Same	14 Bruchetta Chicken Ratatouille Pasta Florentine Wheat Bread Chocolate Mousse Milk Diet - Chocolate Pudding	15 Swiss Steak Breaded Okra Capri Mix Veggies Cornbread Muffin Pineapple Cake Milk Diet - Pineapple Cake	16 Zesty Baja Chic Salad Broccoli Salad Macaroni Salad Wheat Bread Sliced Peaches Milk Diet - Same
19 OFFICE CLOSED FOR DR. MARTIN LUTHER KING HOLIDAY	20 Dijon Chicken Par sliced Carrots Broccoli/Rice Cass Wheat Roll Fresh Fruit Milk Diet - Same	21 Roast Beef Au Jus Gravy Chzy Mash Red Potatoes Savory Green Beans Wheat Bread Oatmeal/Raisin Cky Milk Diet - Sugar Ckys	22 Beef Tamale Pie Fiesta Vegetables Corn Salad Mexican Cornbread Apple Cobbler Milk Diet - Cinnamon Ap- ples	23 Itali Oven Fried Chic Multigrain Pasta Marinara Sauce Italian Vegetables Garlic Wheat Roll Milk Banana Diet - Same
26 Beef Taco Skillet Garlic Spinach Refried Beans Wheat Bread Rosy Applesauce Milk Diet - Rosy Apple- sauce	27 Oven Fried Pork Chop Bean Medley Hash brown Cass Wheat Bread Cinn Sugar Cky Milk Diet - Sugar Cook- ies	28 Oriental Chicken Cabbage Fried Rice Bran Muffin Mandarin Oranges Milk Diet - Same	29 Seafood Fettuccine Capri Mix Veggies Mixed Greens Garlic Wheat Roll Marble Cake Choc Icing Milk	30 Hamburger Patty Macaroni & Cheese Savory Green Beans Wheat Hamburger Bun Lett/Tom/Onion/Pkle Catsup Fresh Orange